



Bringing **Physical Therapy & Wellness** to You!

Dear [Facility's Administrator's/Director's Name]:

We appreciate the honor and privilege to work with your [residents/clients] at [Name of Facility]. During this pandemic we want to make sure your [residents/clients] remain healthy and safe while also ensuring the safety and well-being of our staff. The following are steps we have put in place to keep everyone healthy and safe.

Steps to Keeping Everyone Healthy & Safe

1. If our staff has a cough, sore through, headache and/or body aches, difficulty breathing or shortness of breath, unusual fatigue and/or a runny or stuffy nose, they have been asked to stay home until their symptoms subside and are asked to monitor their temperature and seek medical action if their condition worsens. If necessary and recommended by their healthcare provider, they will self-quarantine for 14 days prior to resuming patient care.
2. Staff will take their temperature prior to entering your facility and share their results when they walk in. If their temperature is 100.4° F or higher, we will cancel the visit from the parking lot.
3. Staff will have mask and gloves on when they arrive.
4. Staff will complete the necessary questionnaire and have their temperature taken by your staff to comply with MDH's recommendations.
5. Staff will provide care only in the location(s) you allow.
6. Staff will wash their hands for 20 seconds or longer with soap and water at the beginning and end of the session, and use hand sanitizer if necessary, throughout the session.
7. Staff will lay barriers under anything they bring into the home.
8. Staff will sanitize any area they have touched with an [EPA-registered disinfectant](#).
9. Staff will maintain social distancing as much as they possibly can.
10. Staff will discard of their mask, gloves and barriers to avoid leaving them in your facilities. They will put a fresh pair of gloves on to leave the facility since they will have to touch elevator buttons, doors, door handles, etc. as they exit.
11. Staff will clean their hands prior to entering their vehicles and continue to use barriers in their vehicles to avoid cross contamination. Anything touched in the vehicle will be sanitized in between visits including doors handles, steering wheels, car starters, favs, keys, etc.

We hope this gives you peace of mind that we are taking every measure to keep your [residents/clients] healthy and avoiding cross contamination. Please do not hesitate to contact us should you have any questions or concerns, or even suggestions on how we can better improve our safety measures to protect your facility, as well as our staff.

Sincerely,

Dr. Eva Norman, PT, DPT
President & Founder
Live Your Life™
Brining Physical Therapy & Wellness to You!

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