



WEBINAR

Overview of Prone Positioning - Why It Works and Lessons Learned

MAY 9, 2020

2 HOUR DURATION

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About the Webinar:

COVID-19 presents through fever, dyspnea, and acute respiratory symptoms. In some patients, COVID-19 causes pulmonary edema, sepsis, multi-organ failure, and acute respiratory distress syndrome (ARDS). Due to the ARDS clinical presentation, prone positioning may be used for improving ventilation and survivorship. Prone positioning requires a team approach. Physical therapists play an integral role from positioning to minimizing pressure injuries and neuromusculoskeletal impairments, educating the team regarding body mechanics with transfers and educating patients/family members regarding the pathophysiology. This webinar provides an overview of the evidence and why prone positioning is effective; successful implementation of proning protocols for patients intubated or awake; and lessons learned.

The participants will:

- recall at least 3 interventions to decrease tissue injury risk in the prone position.
- disseminate information on technique for proning from literature, evidence-based protocols, and first-hand accounts to discern needs and best practice for their facility based upon facility size, experience of staff, and available equipment.
- describe recent evidence supporting prone positioning with Acute Respiratory Distress Syndrome, including outcomes and best practices.
- describe the basic pathophysiology and rationale behind proning techniques for COVID 19 ARDS patients.

Resources:

Download the [Presentation Slides](#) (PDF)

Certificate of Attendance:

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